



# How To Clean Your Quilt-Top Mattress

## THE SOLUTIONS

- Fill a **large spray bottle** with equal parts **water** and **white vinegar**.
- On more prominent stains, *lightly* sprinkle **baking soda** before applying the vinegar solution. A small **mesh strainer** works well for this.
- For tough stains, add a few drops of **mild laundry detergent** to the vinegar solution. *Avoid* bleach or harsh chemicals that can damage the fibers.

## KEY STEPS

- **Test the cleaning solution** on a small, hidden part of the mattress to ensure it won't damage the fabric.
- **Lightly spray** and work one stained area at a time.
- **Avoid over-saturation**. Too much liquid can lead to mold growth.
- **Remove excess moisture** by using a **clean, absorbent cloth** to blot the area.
- Allow the mattress to **completely air dry** before replacing the mattress protector and bedding.

## USE PROTECTION

- A waterproof **mattress protector** will extend the life of your mattress by keeping it free from dirt, stains, spills, accidents, and allergens.
- Add a **mattress pad** for another layer of protection and comfort.
- Where humidity is an issue, add a **mattress underlayment** to promote air circulation and dryness.

For questions regarding our mattresses, contact  
**Love My Casita**, [casitamattress@gmail.com](mailto:casitamattress@gmail.com), or text **(480) 331-5101**  
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